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Date:
Patient:

Initial Patient Assessment and Recommendations

Parent Rating Scales:

In general, the parent rating scales show problems with

Child Rating Scales:

In general, the child rating scales show problems with

Teacher Rating Scales:

In general, the teacher rating scales show problems with

Clinical Findings:

This discussed findings from the two clinical visits, including the child/teens awareness of their mental health issues and motivation for treatment

Diagnosis: This lists the diagnosis...

Recommendations:

- 1. Biological:** This describes biological treatments which may be helpful for the patient. In general, biological treatments include exercise and medications.
- 2. Therapy:** This describes which therapy choices would be a good fit for the child/family depending on the diagnosis.
- 3. Social Interventions:** This category addresses issues with the home, school or other environment which need to be addressed to help with mental health functioning (problems with parents marriage, bad school fit, etc)

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Director, Bay Area Children's Association

There are often reading recommendations listed at the bottom of the page.